



Western City Scorpions

Girls 16



NAME	REGION
Abby Wilson	Nepean
Alex Parsons	Baulkham Hills
Alysha Bell	Baulkham Hills
Bree Stone	Norwest
Debbie Doueih	Norwest
Ellah Hughes	Norwest
Emaine Dawiche	Baulkham Hills
Emily Waters	Norwest
Jacqueline Sneesby	Baulkham Hills
Maddie McIntosh	Nepean
Madi Sona	Norwest
Piper Spackman	Nepean
Shahana Ladino-Rite	Norwest
Talbon Bamblett	Baulkham Hills
Tanaya Laria	Nepean
Yasin Aloiso	Baulkham Hills
SHADOWS	
Indigo Kelly	Baulkham Hills
Kulaia Trindall	Norwest
Lily Reid	Nepean
Teah Haskins	Baulkham Hills

Coach: Sarah Hughes

Email: hughessteven70@gmail.com



Southern City Seahawks

Girls 16



NAME	REGION
Abbey Cryer	Cronulla
Amber Cottrell Dormer	Cronulla
Caitlin Gillespie	St George
Caitlin Hollis	St George
Capri Tuffy	Cronulla
Chloe Jackson	St George
Destiny Griffin	St George
Eve Gardener	Cronulla
Katarina maric	St George
Keira Herford	Souths
Lateia Duckett	Souths
Lily Perenara	St George
Mackenzie Benson	St George
Parker Stanton	Souths
Sienna Williams	St George
Tristan Simms	Souths
SHADOWS	
Alexia Pengue	St George
Ava Wilson	Cronulla
Emily Murray	Souths
Natasha Katsiaris	St George

Coach: Robert Allan

Email: robertallan@oztag.com



Southern Country Pride

Girls 16



NAME	REGION
Abbie Bailey	ACT
Alice Ruwald	ACT
Bindi O'Hara	Shellharbour
Cynthia Hamilton	ACT
Dakota Mason	Shellharbour
Ella Headrick	Shellharbour
Ellie Hyland	ACT
Ellie Reh	Wollongong
Ily Hughes	Shellharbour
Jessica Crowe	ACT
Loagan Garrat	Shellharbour
Mia Evans	Wollongong
Samantha Bailey	ACT
Taleah Hancock	Shellharbour
Tyra Petersen	ACT
Zarah Andraos	Wollongong
SHADOWS	
Maddie Hyland	ACT
Abbey Sutherland	ACT
Alana Nicholk	Wollongong
Mya Cirdler	Shellharbour

Coach: Matt Pateman

Email: mattpateman12@gmail.com



Northern Country Knights

Girls 16



NAME	REGION
Bella Hunt	Central Coast
Casey Cowgill	Coffs Harbour
Casey Weinert	Central Coast
Charlie Barwick	Central Coast
Indy Downie	Central Coast
Jess Whitehead	Central Coast
Jorja Boyden	Central Coast
Kaitlyn Norris	Central Coast
Kaity Armitage	Central Coast
Kobie Fox	Coffs Harbour
Krystal Bulmer	Central Coast
Lucy Drummond	Central Coast
Mia Barber	Central Coast
Terina Haami	Central Coast
Ujjalla Beavis	Central Coast
Zahila keighran	Coffs Harbour
SHADOWS	
Ella Hopkins	Central Coast
Jorgie Creighton	Central Coast
Olivia Riley	Central Coast
Srenoy Nuon	Coffs Harbour

Coach: Dale Berg & Sam Cogger

Email: dberg@ravenswood.nsw.edu.au